

CARDIOPULMONARY RESUSCITATION (CPR) AWARENESS WEEK

The Ministry of Health and Family Welfare (MoHFW) is observing CPR Awareness Week from October 13th to 17th, 2025, to promote awareness and build lifesaving skills. As part of this initiative, the PG Department of Home Science organized a video presentation on Cardiopulmonary Resuscitation (CPR) techniques and their importance on October 16, 2025, in Room No. B-105 at 3:00 PM.

The event highlighted the significance of timely intervention during cardiac emergencies. Immediate CPR can help preserve brain function and sustain life until medical help arrives. The video presentation systematically explained the step-by-step procedures of performing CPR, including checking for responsiveness, calling for emergency assistance, proper hand placement, chest compressions, rescue breathing, and the use of an automated external defibrillator (AED).

After the video session, participants took the CPR Oath, pledging to respond confidently in emergencies and promote CPR awareness. This initiative enhanced students' understanding of emergency life support measures and encouraged them to be proactive in learning practical CPR skills. Seventy-five students participated in this awareness session.

This program was effectively coordinated by the faculty Ms.Farsana Shirin K (Assistant Professor (Adhoc) Department of Home Science) and the student Ms.Shana A K (3rd Sem.BSc. FCS).



KAHM UNITY WOMEN'S COLLEGE

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PG DEPARTMENT OF HOME SCIENCE

Awareness Session- CPR Video Presentation



Faculty Coordinator:
Mrs.Farsana Shirin K
Assistant Professor (Adhoc)
Department of Home Science

Student Coordinator :
Ms.Shana AK
4th Sem B.Sc FCS

DATE:16/10/2025



TIME :2:50 PM



ROOM:B105

